

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Development Matters</p> <p>PHYSICAL DEVELOPMENT: EARLY LEARNING GOALS (ELG) Moving and Handling: Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.</p> <p>Health and Self Care Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.</p>						
EYFS	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:
	Move freely using suitable spaces and speed.	Move freely in a variety of different ways.	Stand on one foot.	Demonstrate increasing control over objects.	Participate in Sports day and physical activities that are included within this using a variety of equipment, taking turns and celebrating other's successes.	Demonstrate good control and co-ordination in large and small movement.
	Draw lines and circles.	Use scissors and other tools safely.	Catch a ball.	Use tools to change to materials.		Understand the importance for good health of physical exercise, healthy diet and talk about different ways to keep healthy and safe.
	Hold a pen correctly.	Show a dominant hand.	Write some letters and copy their name.	Move confidently.		
	Understand their own needs hunger/toilet/personal hygiene.	Make anticlockwise movement.	Experiment moving in different ways on equipment and jump landing safely.	Use safety measures without direct supervision.		
	Dress with support.	Understand the need for varied and healthy food.				
	Know equipment needs to be used safely.					

			Manage own risk assessment . Help to put away equipment correctly			
	Multiskills	Gymnastics	Multiskills	Dance	Athletics/team games	Outdoor Adventure Activities
	CHILDREN WILL BE TAUGHT TO: To show awareness of space for themselves and others To move confidently, with imagination and safety To move fluently, changing direction and speed	CHILDREN WILL BE TAUGHT TO: To hold basic balances and shapes To say which movements are easier and harder and to say why To travel and balance using apparatus To learn and practise basic	CHILDREN WILL BE TAUGHT TO: To recognise the changes that happen to their bodies when they are active To use a range of equipment and handle equipment	CHILDREN WILL BE TAUGHT TO: To move confidently, with imagination and safety To move with control and coordination To use imagination in dance, role play and stories To express and communicate their ideas, thoughts and	CHILDREN WILL BE TAUGHT TO: To develop awareness of speed and distance move confidently in a range of different ways To show good control and coordination in large and small movements To jump and land To handle equipment effectively	CHILDREN WILL BE TAUGHT TO: To follow instructions To interact with other children in partner work, groups and teams To support others and listen to everyone's ideas To find solutions to problems To maintain focus until the task is completed To identify a map and follow a basic route

	To watch, copy and describe what others are doing	gymnastics rolls To link basic movements	with control To move with confidence, control and coordination To work collaboratively with a partner	feelings by using wide ranges of movement To recognise the changes that happen to their bodies when they are active		
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