

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

- MONDAY**
Authentic Italian
- TUESDAY**
Family Faves
- WEDNESDAY**
Backing British
- THURSDAY**
Food Festival
- FRIDAY**
Fun Day



Beet Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Cowboy Pie
 Mash topped Sausage & Bean Pie with Carrots

Roast Chicken Sage & Onion Stuffing
 Crispy Roasties & Fresh Veggies & Gravy

Mild Chill Beef & Cheese Homemade Nachos
 Oven Baked Potato Wedges & Sweetcorn

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Veggie Cowboy Pie
 Mash topped Veggie Sausage & Bean Pie with Carrots

Cheese, Veg & Spinach Puff Pastry Roll
 Crispy Roasties & Fresh Veggies & Gravy

Cheese & Veggie Homemade Nachos
 Oven Baked Potato Wedges & Sweetcorn

Crispy Vegetable Croquettes
 Chips & Peas



Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Toffee Apple Slices
 topped with Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

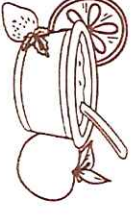
Golden Syrup Sponge

Pineapple Upside Down Cake

Oat Cookie








Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

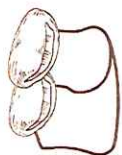
What's On The Menu?

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
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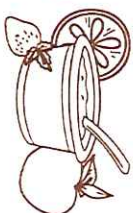
 The Main Event Choose either our tasty Margherita Pizza or our Veggie Supreme	 Meat Free Magic Served with Pasta Salad & Mixed Crudites	 Pasta Stop with or without Grated Cheese on top	 Jacket Bar Crispy Skin Jacket Potatoes Choice of Tasty Toppings	 Dessert Stop Apple Sponge Cake Marble Sponge Cake Chocolate Brownie Jelly & Fruit Slices Crunchy Vanilla Cookie
Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme	Classic Beef Burger in a Bun with Oven Baked Wedges & Garden Peas Super Veggie Burger in a Bun with Oven Baked Wedges & Garden Peas	Hot Tomato Pasta with or without Grated Cheese on top	Crispy Skin Jacket Potatoes Choice of Tasty Toppings	Apple Sponge Cake Marble Sponge Cake Chocolate Brownie Jelly & Fruit Slices Crunchy Vanilla Cookie
Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme	Roasted Gammmon Joint Crispy Roasties, Cauliflower Cheese, Green Beans & Gravy Veggie Sausage & Root Veg Traybake Crispy Roasties, Cauliflower Cheese, Green Beans & Gravy	Hot Tomato Pasta with or without Grated Cheese on top	Crispy Skin Jacket Potatoes Choice of Tasty Toppings	Apple Sponge Cake Marble Sponge Cake Chocolate Brownie Jelly & Fruit Slices Crunchy Vanilla Cookie
Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme	Not So Spicy Chicken Tikka Masala Wholegrain Rice, Turmeric Carrots & Peas Creamy Vegetable Korma With Wholegrain Rice, Turmeric Carrots & Peas	Hot Tomato Pasta with or without Grated Cheese on top	Crispy Skin Jacket Potatoes Choice of Tasty Toppings	Apple Sponge Cake Marble Sponge Cake Chocolate Brownie Jelly & Fruit Slices Crunchy Vanilla Cookie
Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans Cheesy Bean Wrap Chips & Sweetcorn	Hot Tomato Pasta with or without Grated Cheese on top	Crispy Skin Jacket Potatoes Choice of Tasty Toppings	Apple Sponge Cake Marble Sponge Cake Chocolate Brownie Jelly & Fruit Slices Crunchy Vanilla Cookie

FOOD FESTIVAL
 BY ASPENS

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23
 19/9, 10/10, 31/10, 21/11,
 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Authentic Italian	Family Faves	Baking British	Food Festival	Fun Day
Cheese & Tomato Pizza Melt with Wholegrain Pasta & Sweetcorn Salad	Toad in the Hole with Creamy Mash, Green Beans & Gravy	Roast Chicken & Sage & Onion Stuffing with Crispy Roasties & Fresh Veggies & Gravy	Homemade Chicken Nuggets with Oven Baked Wedges & Broccoli	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans
Tomato & Mozzarella Gnocchi Traybake with Wholegrain Pasta & Sweetcorn Salad	Quorn Toad in the Hole with Creamy Mash, Green Beans & Gravy	Quorn Roast with Crispy Roasties, Fresh Veggies & Gravy	Crunchy Topped Macaroni Cheese with Oven Baked Wedges & Broccoli	Baked Beans & Vegetable Fingers Chips
Hot Tomato Pasta with or without Grated Cheese on top				
Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
Fruity Flapjack	Chocolate Oat Cake	Vanilla Sponge	Apple Crumble	Shortbread



The Main Event



Meat Free Magic



Pasta Stop



Jacket Bar



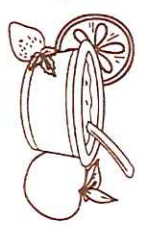
Dessert Stop

FOOD FESTIVAL
 BY ASPENS

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Three