



Fortnightly Newsletter

No.12 15th March 2024

#AspireConnect40

Well done to all the children who participated in all the events of our Active Challenge 40 on the 7th March. Excellent effort and determination was shown by everyone.

The baton was handed to Mr Smith for its next leg of its journey to Whitemoor Academy and Nursery. After 4.4 miles Mr Edie then handed the baton on.

Sponsorship donations can still be added to the Give Wheel at:

<https://www.givewheel.com/.../aspire-connect-40-relay.../>

Fortnightly Attendance

19th Feb to 1st March 2024

Class	Lost Learning hours
Crantock	46
Gwithian	104
Polzeath	13
Fistral	162
Poly Joke	75
Botallack	68
Minack	113
Tintagel	162
Heligan	58
Trelissick	117
Lanhydrock	104
Restormel	46

Class with the least lost learning.
Well done to **Polzeath!**



FUTURE FRIDAY

We would like to say a big thank you to our 'Future Friday' speakers - Dick Cole, Justin Heasman Mr Hinde and Mrs Devaney, they spoke to pupils about their own careers, from marine conversation to video game designer. Pupils were truly inspired.



01726 860540



hello@indianqueensschool.org



Off Suncrest Estate, Indian Queens, TR9 6QZ



Lunchtimes

The aim of our guidance is...

To keep up our success of being a Healthy School, we think all children should enjoy a healthy lunch. This guidance is to help packed lunches be as healthy as school meals which meet the School Food Standards.

www.schoolfoodplan.com/standards

How we will support the guidance

We will ensure that free, fresh drinking water is available at all times. It is not essential to include a drink in packed lunches as water is provided.

We will allow pupils who bring a packed lunch and pupils who have a school dinner to sit and eat together.

We will ensure we listen to our pupils' and parents' views to ensure that this guidance is fair and meets everyone's needs.

Our traffic light system is in line with the School Food Standards for school meals.

Eating a healthy packed lunch or school meal is important to help children stay healthy, feel good and improve their ability to learn.

Our packed lunch guidance has been developed following observations of children's packed lunches, that found some less healthy foods that can affect energy levels, allergies, concentration, behaviour and health.

A healthier packed lunch focuses on the five main food groups of the Eatwell Guide, foods in purple the small section should not be eaten in school.



PACKED LUNCH GUIDANCE LEAFLET



All meal bookings are to be made via ParentPay. Booking closes at 8.30am daily.

The cost of a school meal is £2.65 or £2.00 for a Nursery meal. For Nursery meal bookings please ensure you click on 'Nursery' and **NOT** 'Lunchtime' when booking, as you may be charged incorrectly.

Special Menu Days

Remember to book your child's meal via ParentPay by 8.30am on the day.

On Thursday 28th March our school kitchen will be serving Fish and Chips or Veggie Fingers and chips. Not as noted on ParentPay.

Red foods

These foods are discouraged in school lunch boxes.



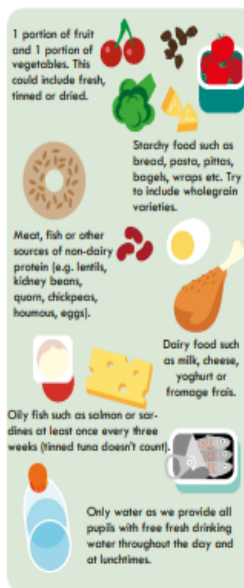
Amber foods

These types of foods could be included occasionally as part of a balanced packed lunch.



Green foods

You should put these in lunch boxes everyday or as often as you like.



FOOD FESTIVAL
ROLL UP! ROLL UP!
IT'S LUNCH TIME!

18th APRIL 2024

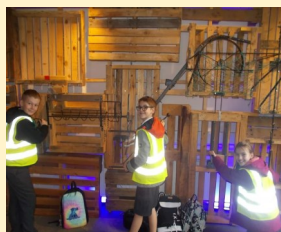
Tightrope Spaghetti Strings with Carbonara Sauce
or
Tiger Striped Veggie Pizza with Cannonball New Potatoes and Strongman Spinach Salad

and
Clown's Nose Cookies

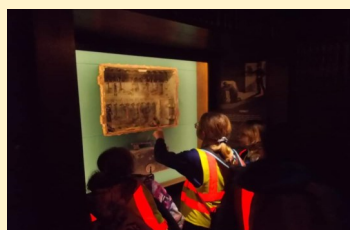


Year 6 visit to Discovering 42 & Bodmin Jail

For Science Week, Year 6 visited 'Discovering 42' in Bodmin where they could get 'hands-on' with a range of fascinating experiments.



Also, as part of their learning about crime and punishment, Year 6 visited Bodmin Jail to appreciate how people were treated in the past. Excellent behaviour and manners were shown throughout the day and lots of children want to go back with their parents!



Tag Rugby

Indian Queens enjoyed playing in the Tag-Rugby Festival on 6th March. They played really well and worked hard as a team.

WELL DONE!



Brass Demo!

Thank you to Tony from CMST and Indian Queens Band for treating our pupils to some fantastic brass music and demonstration. If your child is interested in learning, Indian Queens Band offer a brilliant youth band and school is now able to offer brass tuition through CMST. Please click on the link for more information [Cornwall Music Service Trust](http://www.cornwallmusic.org)



Dates for your diary:

Mon 18th March - Drumming Assembly at 2.30pm

Tues 19th March - Yr3/4 Times Table Presentation at 2.30pm

(Please ensure you book in advance via text link)

Wed 20th March - Nursery Open Day

Wed 20th March - Spring Sing - New time of 2pm

Thurs 21st March - Height & Weight Programme - Recpt & Yr6

Fri 22nd March - Year 5 Woodland Valley Visit

Thurs 28th March - Last day of term

Fri 29th March to Fri 12th April - Easter Holidays



School Absence

Should your child be absent, please contact the school **as soon as possible** with a reason.

To report your child's absence please use one of the following:

Tel: 01726 860540 to speak to reception or leave a voice mail - option 1 (out of hours)

or email hello@indianqueensschool.org

When reporting please state child's name, class and full reason for absence e.g. sickness, headache, high temp etc.

APPOINTMENTS

Please could we remind you that appointments for your child/children should be made for outside of school hours.

LATENESS

All pupils must be in school ready to learn from 8:45am.

School gates open from 8.35am to 8.45am



School Dinners

We would like to thank everyone who books their child's meals via ParentPay. Please remember you can book more than a day at a time. You can, if suits, book weeks or months at once but you must have credit.

Nursery meals can now be booked daily before 8.30am via ParentPay. Please select 'Nursery' when making the booking to ensure a charge of £2.00.

Earlybirds

Our 'Earlybirds' breakfast club is now bookable by the day. Similar to school meals booking, select the 'Breakfast' drop-down and book by day. Booking closes at 7.45am daily and your account must be in credit. All children must be booked in prior to arrival on the day.



Afterschool Clubs - Spring Term - now finished .

Payment of £4 per child is payable via ParentPay for your child's afterschool clubs this term. If your child is in receipt of 'Free School Meals' or is a Service child there is no charge.

We ask for all payments to be made as soon as possible as they are now

Week Beginning	Value of the week
8th January 2024	Respect
15th January 2024	Reflection
22nd January 2024	Self-Discipline
29th January 2024	Communication
5th February 2024	Problem Solving
19th February 2024	Responsibility
26th February 2024	Co-Operation
4th March 2024	Decision Making
11th March 2024	Self-Motivation
18th March 2024	Encouragement
25th March 2024	Evaluation



Community News...

Grampound Road Holiday Club

EASTER HOLIDAY CLUB

A sports, arts and crafts holiday club for children ages 4-12 years old. Led by qualified teachers from the Quintrell Downs Holiday Club.

email: grampoundroadholidayclub@outlook.com

Where: Grampound Road Village Hall

When: 9am-3pm April 2/3/4
April 9/10/11

Cost: £25 per session



🐰 Really Eggcited to start our Fun Easter dance and drama sessions for children ages 4-12, on Saturday mornings from February 24th at Wesley Hall, Indian Queens. 9.30-10.30 dance, 10.30-11.30 drama, preparing for our Easter Extravaganza performance at Indian Queens Chapel on Sunday 31st March at 10.30am, sessions cost £5 (discounts for siblings, please contact mariestreet@hotmail.com for details)



Friends of the School

Movie Afternoon & Spring Disco

Let's celebrate the end of the term and the arrival of Spring!!!

We look forward to welcoming the children to the following events:



We'll be by the main entrance on Tuesday 19th, Wednesday 20th and Thursday 21st so you can pay and collect your Spring Disco tickets (£2). We'd really appreciate your support by purchasing Snack Vouchers (Popcorn and drink - £1.50). Cash only.

If you have any questions you can contact us either through our Facebook page www.facebook.com/foiqs or by emailing fos@indianqueensschool.org

Many thanks!



EASTER MULTI-ACTIVITY CAMP

£15 PER DAY

Join us this Easter for Pro-Coachings multi-activity camp! Dive into a world of sports excitement while enjoying the added bonus of creative crafting, including bracelet making.

Join us for a sport-centric adventure with a sprinkle of crafty fun this Easter holiday

**8TH - 11TH APRIL 2024
INDIAN QUEENS RECREATION GROUND**

What can you expect:

- ✔ Multi-Sports Games and Skills
- ✔ Dedicated craft station
- ✔ Nutritious Lunch
- ✔ Friendly Staff



Times: 9am - 1pm
Age: 5-13 Years

Lunch and nutritional snack included

Use QR code or head to www.pro-coaching.co.uk

For more information contact us at info@pro-coaching.co.uk





Community

Easter 2024 Bingo

at Indian Queens Working Mens Club
on **SUNDAY 24th MARCH**
DOORS OPEN: 6.30PM
EYES DOWN - 7.30PM

Fantastic selection of prizes
RAFFLE
Refreshments being served

All proceeds made at this fundraiser will be used to present our 2024 Carnival Week Extravaganza
Any prizes or donations will be greatly appreciated

PLEASE CONTACT: Fay - 07581 414641
Lorna - 07811 383453

FREE Easter Egg Colouring Competition

Entries : 6 years and under & 7- 11 years
For a chance to win some Easter Goodies
(template can be collected from Indian Queens Garage)

Entries to be returned to 1 Gordon House, Indian Queens, TR9 6LD by 5pm Monday 25th March. Please ensure your name, age and contact number are included on your entry.

Good Luck and Happy Easter

Road Run 2024

SUNDAY 14th APRIL
Meet at Indian Queens Working Mens Club
9.00am to leave at 10.00am
£10.00 PER DRIVER
This will include a Pasty and a Hot Drink on return.
£5.00 PER PASSENGER - Kids 10 years and under ride for free
If interested, please contact Charlotte - 07795281060
or let us know via our Facebook event page.

Vehicles must be road legal and this is the responsibility of the driver

CORNWALL CRICKET
INTRODUCES
SCHOOL CRICKET SESSIONS

WHAT WE OFFER

- Passionate qualified children cricket coaches
- Engaging and fun ECB designed sessions
- All equipment provided

OUR RATES

- £80 half day (2 sessions* - a.m. or p.m.)
- £120 full day (4 sessions*)
- £50 per hour (after-school club)

*sessions are approx. 45/50 mins

Please note that these offers can be altered to suit your needs

WHAT WE ALSO OFFER

- Whole school Teacher Training (enquire for more details)

USEFUL INFORMATION AND CONTACTS:

Cornwall Cricket Website: <https://cornwallcricket.co.uk>
Enquiries: scdo@cornwallcricket.co.uk

scdo@cornwallcricket.co.uk Cornwall Cricket @cornwallcricket cornwallcricketboard

BOOKINGS LIVE 10AM - MONDAY 4TH MARCH

Fully Funded for those on free school meal related benefits

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Times: 9am - 1pm
Age: 5-13 Years
LIVE 10AM - 4 MARCH

Lunch and nutritional snack included

Get code from school and either use QR code or head to <http://tinyurl.com/2y4d4k4z>

For more information contact us at info@pro-coaching.co.uk

CELEBRATING 23 YEARS OF PRO-COACHING